



# THE SPROCKET

March-April 2021

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## S.I.W. President's Message

Hi SIW Members,

After riding most days in 2021, I'm recovering from thirteen days of not riding due to the temperature remaining below freezing and the poor conditions for cycling. Cycling is a "Positive Addiction" for me in terms of my physical, mental and spiritual wellness. Thankfully, the conditions for road cycling have improved, and I look forward to seeing more of you in March and April.

Sadly, the number of COVID-19 deaths in the United States reached 500,000 on February 22, 2021. If you are eligible, I encourage you to make appointments to receive the vaccinations. I had the first vaccination in early February and will receive the second dose during the second week of March.

I encourage you to continue to be vigilant in your personal life and follow the Center for Disease Control and Prevention COVID-19 safety protocols of: (1) wearing a mask to protect yourself and others, (2) stay at least six feet away from people you don't live with, and (3) avoid crowds.

Additionally, SIW has adopted the following COVID-19 guidelines: (1) maintaining a minimum distance from each other of at least 6 feet before, during and after rides; (2) no drafting or peloton riding, (3) no sharing of hydration and/or snacks, (4) do not attend rides if you are not feeling well (cough, fever, runny nose, etc.), and Ride Captains will sign up all riders (no sharing of pen/clipboard). Please continue to download Ride with GPS maps and/or print cue sheets at home.

Let's work together to make this a year as safe as possible. A few key safety reminders to consider are: (1) Keep right on the road, (2) Announce when passing, (3) Pass on Left, (4) Wear bright clothing and active lighting, and (5) Communicate visibly and verbally with other riders (e.g. "car up or back," "on your left," and "slowing or stopping").

*David Campbell*

If you need a quick response from me, please call or text me at [502-262-4771](tel:502-262-4771). For less urgent matters, my email address is [campbelb5730@sbcglobal.net](mailto:campbelb5730@sbcglobal.net).



## Next Club Meeting:

Monday, March 8, 2021  
Zoom

We will begin promptly at 6:00 PM.

Come join us & support your club.

Happy  
Birthday!



EVERY YEAR ITS THE SAME THING, "C'MON TERRY  
PUT ON A BIRTHDAY HAT, IT'LL BE FUN, WE'LL HELP  
YOU TAKE IT OFF LATER" BUT NO ONE EVER DOES

### MARCH

Larry Hartog	03/06
John Neichter	03/07
Paul Beach	03/08
Catie Eichhorn	03/14
Chris Livers	03/14
Dick Thorn	03/22
Ed Hatfield	03/23
Randy Hein	03/26
Scott McLarty	03/27
Bob Quinn	03/28

### APRIL

Eric Madison	04/07
Ben McMillen	04/11
Jamie Seibert	04/12
Teri Blackman	04/13
Eric Sieg	04/13
Scott Malony	04/14
Scott Aldridge	04/18
Don Gettelfinger	04/18
Chad Gillenwater	04/24
Ben Blackman	04/26
John Ritz	04/26
Scott Baerenklau	04/27
Bekki Livingston	04/29

## **Florida Winter Bike Tour 2021**

As I shiver in my arctic, snowy, and isolating Louisville home, recent warm and sunny memories spill over me. Has it only been days since 14 Slowspokes from KyAna ended their 2 Week Florida Bike tour of Kissimmee, Fl. and other cycling towns of N. Orlando? Though this season was quite different from years past, due to pandemic, it was goodbye to hot tubs, night parties, etc. We still enjoyed heated pools, plenty of sunshine, warm temps, and daily bike rides.

However glitches happen, such as The Beaches with a packed up van that stalled in their driveway eventually forcing them to a rental vehicle, thus delaying their Fl. arrival time. Unfortunately during the 1st week of riding, Paul B was stung over left eyelid by an insect thus causing his eye to swell. Benadryl came to his rescue, back on the bike next day. Strike 3 for the Beaches, their back wheel on tandem broke down, requiring them to rent 2 bikes for remainder of trip. Give a shout-out to Barb & Paul for their grit & positiveness.

Bernie sustained a broken cable, able to repair it & back up the next day.

One last horror story, Mary Ann Reynolds had a bike trail collision w/another cyclist coming at her, fortunately she sustained only thigh bruising & soreness. Without damage to her bike.

I endured minor issue w/bike rack dropping back & down, causing us to stop several times to adjust, then having to strap it to hitch. Taking signups now for next years Fl. adventures (just kidding).

Despite these annoyances, it was enjoyable trip, as the weather & biking made up for the glitches. Now for the sweet part. The group was treated to yummy chocolate bicycle bars crafted and created by Debbie Shelton. I am still licking my lips, Debbie. Thank you much.

Most of us were able to ride every day, optional miles, while still visiting our favorite restaurants. Though no hot tubs were available, the heated pools were welcoming and relaxing after a long bike ride. COVID rules prevailed strictly and readily. Again our many thanks to Jan C, Debbie S, Paul B, and Barbara Thorn for their leadership in condo arrangement & great biking routes. Thanks also to the Lord for keeping us all safe & sound.

*Carole Sutton*





# Florida Bike Tour 2021 Pictures



# Upcoming Events

See Ride Schedules <http://siwheelmen.org/rides.htm> for additional details

Date	Title	Location	RC
March 8, 6:00 PM	Club Meeting	Zoom	

If you are interested in submitting pictures or an article to *The Sprocket* Newsletter please contact Holly Campbell at [hcampbell6229@gmail.com](mailto:hcampbell6229@gmail.com).

**Additional information on bicycling in Indiana can be found by contacting:**

Bicycle Indiana • [info@bicycleindiana.org](mailto:info@bicycleindiana.org) • [www.bicycleindiana.org](http://www.bicycleindiana.org)

Southern Indiana Wheelmen web pages • <http://siwheelmen.org/>

If you are a bicyclist in the Southern Indiana/Louisville area and would like to ride with a great group of people with similar interests, come check us out! Just pick up a Southern Indiana Wheelmen / Slowspokes ride schedule from the Clarksville Schwinn bicycle shop. If you have any questions, please contact one of the club officers or visit our web site at [www.siwheelmen.org](http://www.siwheelmen.org).